

REVIEW

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# TGF $\beta$ superfamily signaling and uterine decidualization

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## Abstract

Decidualization is an intricate biological process where extensive morphological, functional, and genetic changes take place in endometrial stromal cells to support the development of an implanting blastocyst. Deficiencies in decidualization are associated with pregnancy complications and reproductive diseases. Decidualization is coordinately regulated by steroid hormones, growth factors, and molecular and epigenetic mechanisms. Transforming growth factor  $\beta$  (TGF $\beta$ ) superfamily signaling regulates multifaceted reproductive processes. However, the role of TGF $\beta$  signaling in uterine decidualization is poorly understood. Recent studies using the Cre-LoxP strategy have shed new light on the critical role of TGF $\beta$  signaling machinery in uterine decidualization. Herein, we focus on reviewing exciting findings from studies using both mouse genetics and in vitro cultured human endometrial stromal cells. We also delve into emerging mechanisms that underlie decidualization, such as non-coding RNAs and epigenetic modifications. We envision that future studies aimed at defining the interrelationship among TGF $\beta$  signaling circuitries and their potential interactions with epigenetic modifications/non-coding RNAs during uterine decidualization will open new avenues to treat pregnancy complications associated with decidualization deficiencies.

**Keywords:** TGF-beta, Activin, BMP, SMAD, TGFBR1, Decidualization

## Background

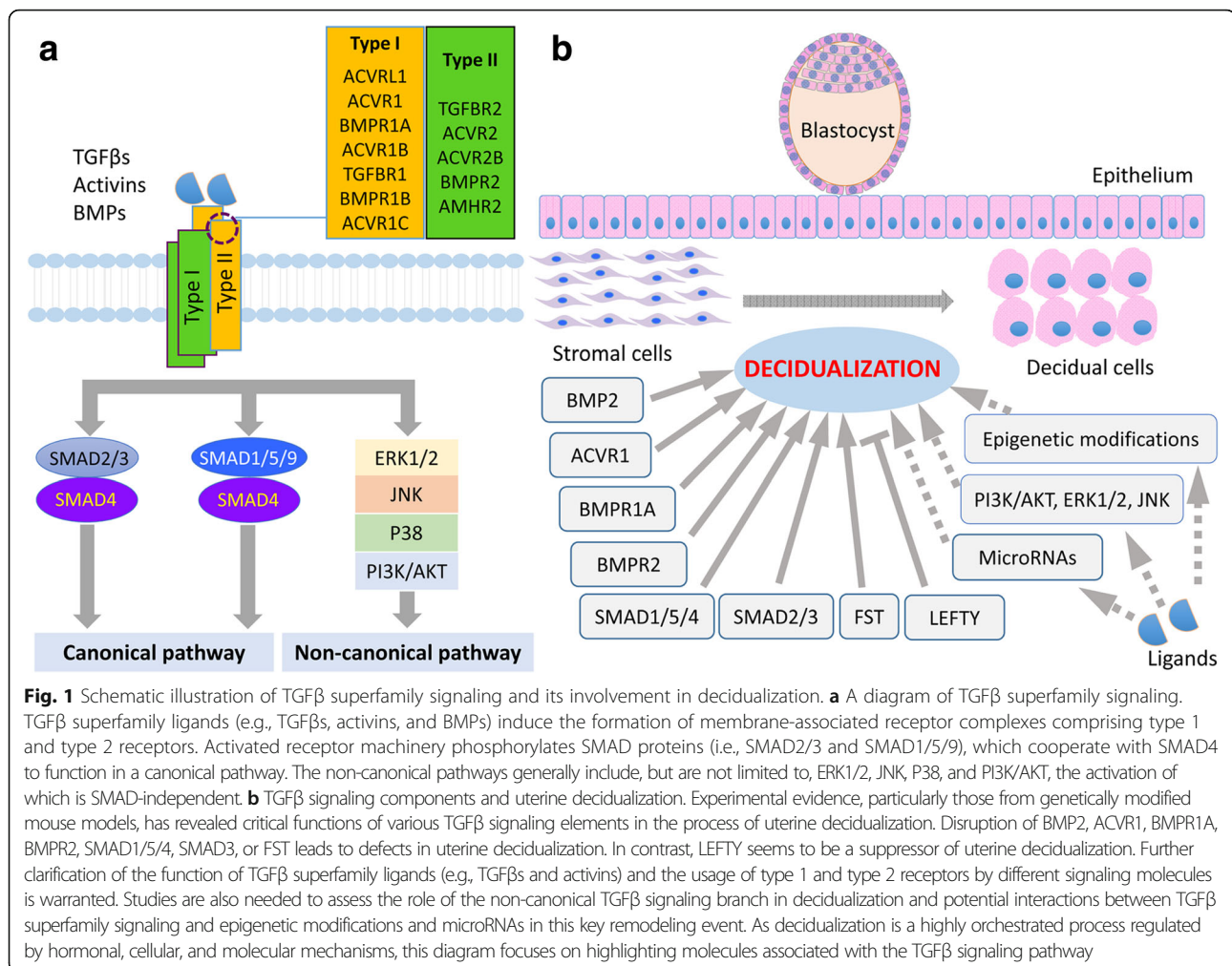
Transforming growth factor  $\beta$  (TGF $\beta$ ) superfamily proteins regulate a variety of cellular functions via serine/threonine kinase receptors and SMAD proteins [1]. More than 40 members of TGF $\beta$  superfamily ligands have been identified, which include TGF $\beta$ s, bone morphogenetic proteins (BMPs), anti-Müllerian hormone (AMH), activins and inhibins, growth differentiation factors (GDFs), and nodal growth differentiation factor (NODAL) [2]. The ligand-receptor interaction induces a signal transduction cascade, where the type II receptors (i.e., TGFBR2, ACVR2, ACVR2B, BMPR2, and AMHR2) activate functionally related type I receptors (i.e., ACVRL1/ALK1, ACVR1/ALK2, BMPR1A/ALK3, ACVR1B/ALK4, TGFBR1/ALK5, BMPR1B/ALK6, and ACVR1C/ALK7) via phosphorylation. The activated TGF $\beta$  receptor complexes interact with intracellular receptor-regulated SMADs (R-SMADs), which are then associated with SMAD4 to gain access to nuclear transcriptional machinery and modulate gene transcription. In

addition to the well-described canonical SMAD-dependent signaling branch, TGF $\beta$  superfamily members also utilize diverse pathways independent of SMAD transcription factors [3] (Fig. 1a).

Growing evidence has demonstrated the involvement of TGF $\beta$  signaling in many fundamental reproductive events highlighted below. (i) Folliculogenesis. TGF $\beta$  superfamily signaling regulates follicle growth and activation [4]. Some oocyte-derived TGF $\beta$  superfamily growth factors are obligatory for follicular development [1]. It also appears that these growth factors are important regulators of oocyte quality, evidenced by enhanced developmental potential of in vitro matured oocytes supplemented with recombinant oocyte-produced TGF $\beta$  family proteins such as GDF9 and BMP15 [5, 6]. (ii) Ovulation. Ovulatory defects have been observed in mice lacking SMAD4, SMAD2/3, or activin/inhibin subunits [7–11]. Several elegant reviews are available on the topic of TGF $\beta$  signaling in follicular development and ovulation [12–16]. (iii) Maternal-embryo communication. Maternal-embryo interactions are of critical importance for a successful pregnancy. TGF $\beta$  proteins have been suggested to play a role in the maternal-fetal interface

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during pregnancy [17, 18]. A recent study revealed a role for BMP signaling in mediating crosstalk between bovine embryos and the oviduct during early developmental stages, where the embryo-oviduct interactions alter BMP signaling differentially within oviductal cells and embryos [19]. (iv) Embryonic development. TGFβ superfamily members are implicated in the development of preimplantation embryos. A role for BMP4 and inhibitor of DNA binding 3 (ID3) has been suggested in the regulation of embryo development in the bovine [20]. TGFβ1 mRNA is expressed in fertilized mouse oocytes and blastocysts [21]. Moreover, BMP signaling activity is detectable in mouse embryos as early as the 4-cell stage and is needed for the cleavage of preimplantation embryos [22]. Besides its role in preimplantation embryonic development, TGFβ superfamily signaling is required for multiple developmental events in post-implantation embryos, such as patterning and gastrulation [23–25]. (v) Reproductive tract morphogenesis and function. TGFβ superfamily signaling regulates reproductive tract

formation [26–28]. We have revealed that conditional knockout (cKO) of *Tgfr1* in the female reproductive tract using anti-Müllerian hormone receptor type 2 (*Amhr2*)-Cre leads to the development of oviductal diverticula, myometrial defects, and infertility [29, 30]. We have also identified a potential role for TGFR1-mediated signaling in regulating uterine epithelial cell function [31]. (vi) Decidualization. The role of TGFβ superfamily signaling in uterine decidualization is discussed in the following section. Table 1 lists major functions of the TGFβ superfamily in reproduction and development along with some important signaling components that are involved in the regulation of those functions.

It is important to note that, in addition to its role in female reproductive function, TGFβ signaling also regulates the development and function of the male reproductive system such as testis development [32]. However, this topic is beyond the scope of this review.

**Table 1** Major roles of TGF $\beta$  superfamily in reproduction and development

Reproductive event	Main signaling component	Reference
Folliculogenesis	TGF $\beta$ s, GDF9, BMP2, BMP4, BMP7	
Oocyte maturation	BMP15, activin, inhibin, AMH	[1, 4–16, 61, 105]
Ovulation	BMPR1A, BMPR1B, SMAD2/3, SMAD4	
Maternal-embryo interactions	TGF $\beta$ s, BMP7, BMPR1B, BMPR2, SMAD1, SMAD6	[17–19]
Implantation	TGF $\beta$ 1, ACVR1, BMPR1A, TGFBR1, BMP7	[52, 59, 64, 106]
Decidualization	BMP2, SMAD1/5/4, SMAD2/3, ACVR1, BMPR1A, BMPR2, FST, LEFTY	[41, 54, 57–60, 63, 67, 69]
Embryonic development	TGF $\beta$ s, BMP2, BMP4, BMP5, BMP6, BMP7, BMP8, INHBA, INHBB, GDF1, LEFTY, NODAL, AMH, SMAD1, SMAD2, SMAD4, SMAD5, SMAD6, SMAD7, ACVRL1, ACVR1, BMPR1A, ACVR1B, TGFBR1, BMPR1B, TGFBR2, ACVR2/2B, AMHR2, BMPR2	[20–25, 107, 108]
Reproductive tract development	TGFBR1, AMH, AMHR2, ACVR1, BMPR1A, SMAD1/5/8, SMAD4	[29, 30, 109, 110]

### Uterine decidualization: A critical event during pregnancy

A successful pregnancy relies on a delicate interplay among hormonal, cellular, and molecular signals. Decidualization, a process where extensive remodeling of the endometrium occurs to set the stage for embryo development, is a key event in pregnancy in some mammals including mice and humans. Despite its critical role in pregnancy, the timing of decidualization differs among species. Decidualization is induced by attachment of the blastocyst to uterine luminal epithelium in mice, whereas differentiation of the estradiol (E2)-primed endometrium occurs following the postovulatory rise of progesterone (P4) during the secretory phase of menstrual cycle in humans [33, 34]. During decidualization, dramatic cellular and molecular changes occur, as endometrial stroma cells (ESCs) transform from fibroblast-like cells into large polygonal cells that are rich in cytoplasmic glycogen and lipid droplets [35]. Stromal cell polyploidy is a unique phenomenon that occurs during decidual cell differentiation following blastocyst implantation [34]. Decidual cell-secreted factors include prolactin (PRL) and insulin-like growth factor binding protein-1 (IGFBP-1) that are key regulators of decidualization and are widely used as markers of decidualization [36, 37].

Ovarian steroid hormones, E2 and P4, play fundamental roles in implantation of blastocysts and uterine decidualization [38]. It has been increasingly recognized that progesterone receptor (PGR) signaling is of paramount importance for blastocyst implantation, uterine decidualization, and pregnancy maintenance [38, 39]. P4, via binding to its cognate receptor, activates a complex array of molecular events mediated by Indian hedgehog (IHH) [40], BMP2 [41], nuclear receptor subfamily 2 group F member 2 (NR2F2/COUP-TFII) [42], Wntless-type MMTV integration site family (WNT) 4 [43], and HAND2 [44] during implantation and/or decidualization. Examples of additional PGR-associated regulators of endometrial

function include forkhead box O1 (FOXO1) [45], CCAAT/enhancer-binding protein beta (CEBPB) [46], and homeobox A10 (HOXA10) [47, 48]. Of note, immune cells, particularly uterine natural killer (uNK) cells, can be recruited to regulate important events such as decidual angiogenesis during pregnancy [49].

In the following sections, we review literature that documents a role for TGF $\beta$  superfamily signaling in uterine decidualization, with a focus on major findings from genetically modified mouse models and cell culture studies using human ESCs.

### TGF $\beta$ superfamily signaling regulates uterine decidualization

#### Evidence from mouse models

##### TGF $\beta$ superfamily ligands

The role of TGF $\beta$  ligands in uterine decidualization in mice is not clear. Existing evidence suggests that TGF $\beta$  signaling pathway may be involved in regression of the uterine decidua in the rat, as TGF $\beta$ 1, TGF $\beta$ 2, TGF $\beta$ 3 are highly expressed during the regression of the decidua basalis, accompanied by an upregulation of expression of phosphorylated SMAD2 [50]. In vitro studies using rat decidual cells in culture revealed a role of TGF $\beta$ 1 in inducing cellular apoptosis potentially through activation of SMAD2 and downregulation of AKT and X-linked inhibitor of apoptosis (XIAP) [50]. TGF $\beta$ 2 and TGF $\beta$ 3 also promote apoptosis in cultured decidual stromal cells potentially through regulation of AKT and XIAP expression [51].

Compelling evidence supporting an essential role for BMPs in uterine decidualization derives from studies using conditional deletion of *Bmp2* in the uteri of mice [41]. Loss of BMP2 in the uterus renders the mouse infertile and the uterus is unable to decidualize, owing to the dysregulation of multiple genes including *Wnt4/6*, FK-506 binding proteins (*Fkbp*s), and prostaglandin synthase2 (*Ptgs2*) [41]. Recently, conditional deletion of

*Bmp7* induces implantation defects and dysregulation of decidual genes including *Bmp2*, *Ptgs2*, *Wnt4*, and epiregulin (*Ereg*) [52]. However, *Bmp7* cKO mice respond normally to artificial decidualization stimuli [52]. Results of in vitro culture studies using undifferentiated uterine stromal cells from pregnant mice reinforce the role of BMP2-WNT4 signaling in decidualization [53]. In contrast to BMPs, the role of activins in uterine decidualization in mice remains elusive. However, a recent study has shown that follistatin (FST), an antagonist of activin, is required for blastocyst implantation and normal uterine decidualization [54].

NODAL, a key regulator of embryogenesis, is implicated in several pregnancy-associated events, including implantation of blastocyst and uterine decidualization [55]. Deletion of *Nodal* in the mouse uterus using *Pgr*-Cre leads to fertility defects, accompanied by fetal loss and preterm birth due to intrauterine growth restriction and malformation of the decidua basalis [56]. Of note, the NODAL antagonist, LEFTY, appears to inhibit uterine decidualization. Artificial decidualization of mice promotes the expression of LEFTY [57]. However, overexpression of LEFTY in the uteri of pregnant mice compromises artificial decidualization [58].

### Receptors

The function of TGF $\beta$  superfamily signaling receptors in uterine decidualization is poorly understood, due in part to the promiscuity and redundancy of the receptor signaling. The application of Cre-LoxP approach to circumvent embryonic lethality of the receptor null mice greatly facilitates the dissection of the functional roles of TGF $\beta$  receptor signaling in the uterus.

BMPs generally signal through activin A receptor type 1 (ACVR1, also known as ALK2), BMP receptor type 1A (BMPR1A, known as ALK3), BMPR1B (known as ALK6), and BMP type 2 receptor (BMPR2). Conditional ablation of ACVR1 in the mouse uterus causes infertility, with delayed embryo invasion into the endometrium and defective implantation [59]. Expression of uterine stromal cell differentiation markers including *Prl8a2* and *Prl3c1* and the activity of alkaline phosphatase (ALP) are reduced in *Acvr1* cKO mice. Gene profiling using artificially decidualized uterine tissues identified CEBPB as a critical BMP downstream target [59]. Conditional deletion of *Bmpr1a* in the uteri of mice using *Pgr*-Cre leads to sterility [60]. *Bmpr1a Pgr*-Cre cKO mice manifest defective implantation and decidualization, with reduced expression of implantation-associated genes such as *Cox2* and *Wnt4*. Enhanced E2 signaling is evident in *Bmpr1a Pgr*-Cre cKO mice, where the expression levels of ER and its downstream signaling targets are higher than for controls [60]. Thus, BMPR1A-mediated signaling is critical for implantation and decidualization in

mice. In contrast, conditional deletion of *Bmpr1a* using *Amhr2*-Cre leads to subfertility and a prolonged diestrus phase, without compromising decidualization [61]. Since *Amhr2*-Cre does not delete genes in uterine epithelia compared with *Pgr*-Cre, this finding suggests a potential involvement of epithelial BMPR1A in uterine decidualization. Knocking out of *Bmpr1b* results in infertility, accompanied by impaired cumulus expansion and uterine gland formation [62]. The uterine function of the type 2 receptor for BMPs, BMPR2, has been investigated via the creation of *Bmpr2* cKO mice using *Pgr*-Cre [63]. *Bmpr2* cKO mice are sterile, with intrauterine growth retardation and hemorrhaging observed in developing conceptuses (embryo/fetus and placenta) [63]. Unlike *Bmpr1a Pgr*-Cre cKO mice, the uteri of *Bmpr2* cKO mice are able to decidualize, although to a lesser extent than controls [63]. Interestingly, the number of uNK cells is substantially reduced in the decidua basalis of pregnant *Bmpr2* cKO mice [63]. Findings from *Bmpr2* cKO mice indicate that BMPR2-mediated signaling is not fully responsible for uterine decidualization.

In contrast to the reproductive phenotypes manifested by the aforementioned BMP signaling related mouse models, conditional ablation of TGF $\beta$  receptor 1 (TGFBRI, known as ALK5) leads to prominent defects in the female reproductive tract [29]. While the formation of myometrial layers is disrupted in *Tgfbri Amhr2*-Cre cKO mice, uterine decidualization can be induced artificially [29]. In contrast, *Tgfbri Pgr*-Cre cKO mice display defects in multiple pregnancy-related events including implantation, development of trophoblast cells, recruitment of uNKs, and uterine vascularization [64]. Of note, artificial decidualization occurs despite impaired recruitment of uNKs to the decidua and dysregulated expression of NK cell associated genes such as interleukin 15 (*Il-15*) [64].

Both activin A receptor type 1B (ACVR1B, known as ALK4) and ACVR1C (known as ALK7) mediate NODAL signaling that is essential for pregnancy [55, 65]. Ablation of ACVR1B in the uterus using *Pgr*-Cre results in defects in female fertility and placental development [66]. However, implantation and decidualization do not seem to be affected in these mice [66]. The role of ACVR1C in uterine decidualization has not been reported. The primary mouse models created to study the role of TGF $\beta$  signaling in uterine function are summarized in Table 2.

### SMADs

SMADs are intracellular mediators of canonical TGF $\beta$  signaling. Recent studies begin to facilitate understanding of the role of SMAD proteins in the uterus. Artificial decidualization is moderately impaired in *Smad3* null mice [67]. A potential overlapping function between



**Table 2** Mouse models to study TGF $\beta$  superfamily signaling in uterine function

Mouse model	Phenotype	Reference
<i>Tgfb1 Amhr2</i> -Cre cKO	Disrupted myometrial formation with occurrence of artificial decidualization	[29]
<i>Tgfb1 Pgr</i> -Cre cKO	Defective placentation, impaired recruitment of uNK cells, with occurrence of artificial decidualization	[64]
<i>Bmp2 Pgr</i> -Cre cKO	Infertility with loss of decidualization	[41]
<i>Bmp7 Pgr</i> -Cre cKO	Defective implantation with normal response to artificial decidualization stimuli	[52]
<i>Fst Pgr</i> -Cre cKO	Defective uterine receptivity and decidualization	[54]
<i>Nodal Pgr</i> -Cre cKO	Malformation of decidua basalis with fetal loss and preterm birth	[56]
<i>Acvr1 Pgr</i> -Cre cKO	Infertility with defective implantation and decidualization	[59]
<i>Acvr1b Pgr</i> -Cre cKO	Defective placental development but normal occurrence of implantation and decidualization	[66]
<i>Bmpr1a Pgr</i> -Cre cKO	Impaired implantation and decidualization	[60]
<i>Bmpr1a Amhr2</i> -Cre cKO	Subfertility with prolonged diestrous phase and occurrence of decidualization	[61]
<i>Bmpr1b</i> KO	Infertility, impaired expansion of cumulus cells of oocytes and uterine gland formation	[62]
<i>Bmpr2 Pgr</i> -Cre cKO	Infertility, defective decidual vascularization and decidualization	[63]
<i>Smad3</i> KO	Impaired artificial decidualization	[67]
<i>Smad1/5/4 Amhr2</i> -Cre cKO	Defective oviductal and myometrial development, impaired implantation and decidualization	[69]

SMAD2 and SMAD3 in decidualization has been revealed; in vitro knockdown of *Smad2* using an siRNA approach reduces expression of prolactin-related protein in *Smad3*<sup>-/-</sup> decidual cells [67]. As a central mediator of the canonical TGF $\beta$  signaling pathway, SMAD4 transduces signals of both TGF $\beta$ /actin and BMP family members. However, the role of SMAD4 in the uterus remains elusive. Uterine specific ablation of SMAD4 is expected to provide insight into its role. The role of BMP-associated SMADs in the uterus has been investigated. Conditional deletion of *Smad1* and *Smad5* using *Amhr2*-Cre causes fertility defects and the development of ovarian granulosa cell tumors, with no uterine phenotype reported [68]. Interestingly, triple deletion of *Smad1*, *Smad5*, and *Smad4* using the same Cre leads to defects in oviductal and myometrial development and blastocyst implantation [69]. Furthermore, expression of genes associated with oviductal development and cell differentiation is impaired in *Smad1/5/4 Amhr2*-Cre cKO mice [69]. *Smad1/5/4 Amhr2*-Cre cKO mice also show partially compromised decidualization, which may be caused by dysregulation of decidualization-associated genes such as *Bmp2*, *Wnt4*, and *Ptgs2* [69]. These studies suggest a complex role of SMAD signaling in uterine decidualization.

#### Evidence from human studies

Supporting a role for TGF $\beta$  signaling in uterine decidualization in humans, the expression of a number of TGF $\beta$  family ligands including BMP2, BMP4, BMP7, GDF5, GDF8, and GDF11 is detectable in the secretory phase human endometrium and cultured human ESCs [70]. Decidual cells also express BMP2, GDF5, and TGF $\beta$ 1 [70]. Although it has been long studied, the functional

role of TGF $\beta$ 1 in human decidualization remains controversial. It has been shown that TGF $\beta$ 1 reduces the expression of PRL, IGFBP-1, and tissue factor (TF) in human ESCs, suggesting an inhibitory role of TGF $\beta$ 1 in decidualization [71]. Further studies revealed the involvement of SMAD-dependent and SMAD-independent pathways in TGF $\beta$ 1 inhibition of PRL and IGFBP-1 expression, respectively [71]. Moreover, TGF $\beta$ 1 inhibits the expression of PGR and WNT antagonist Dickkopf-1 (DKK) in differentiated ESCs via the respective SMAD-dependent and SMAD-independent mechanisms [72]. In contrast to the inhibitory role of TGF $\beta$ 1 in decidualization, other investigators have demonstrated that the secretion of TGF $\beta$ 1 increases during in vitro decidualization of human ESCs, and that recombinant TGF $\beta$ 1 promotes the decidualization process [70, 73, 74]. The reason for the contradictory effects of TGF $\beta$ 1 on ESC decidualization is not known, but may be associated with differences in experimental conditions utilized in different studies.

Strong evidence supports the implication of BMP signaling in human ESC decidualization. The aforementioned role of BMP2 in uterine decidualization in mice has been reinforced by studies using in vitro cultured human ESCs, where secretion of BMP2 is increased during decidualization and recombinant BMP2 protein stimulates the decidual response [70]. A similar BMP2-WNT4 signaling mechanism may operate during decidualization in human and mouse ESCs [53]; downregulation of *WNT4* hampers BMP2-induced differentiation while overexpression of *WNT4* promotes cell differentiation [75]. The receptors that mediate BMP2 signaling during ESC decidualization have not been well defined. However, knockdown of expression of the BMP type 1

receptor, ACVR1, in human ESCs impairs the expression of decidualization markers [59]. Further experiments using chromatin immunoprecipitation revealed the importance of the BMP-ACVR1-SMAD1/5-CEBPB-PGR signaling axis in human ESC decidualization [59]. Unlike BMP2, BMP7 reduces E2/P4-induced expression of IGFBP1 mRNA in human ESCs in culture, suggesting an inhibitory role of BMP7 in ESC decidualization [76]. This finding seems to contradict results from the mouse model in which loss of BMP7 affects decidual gene expression [52]. Expression analysis has shown that the levels of BMPRI1A, BMPRI1B and BMPRI2 are lower in leiomyoma-associated endometrium that secretes high levels of TGF $\beta$ 3 versus normal endometrium [77]. Furthermore, treatment of ESCs with TGF $\beta$ 3 reduces the expression of BMP receptors, suggesting that TGF $\beta$  signaling may be intertwined with BMP signaling in regulating functions of uterine decidual cells [77]. Further experiments are needed to determine potential interactions between TGF $\beta$ s and BMPs during uterine decidualization.

There is also considerable evidence for the involvement of activins in human decidualization [78]. Activin receptors in the stromal and endothelial cells of human endometria are highly expressed during the early secretory phase of the menstrual cycle and early pregnancy [79]. Furthermore, activin A dose-dependently increases the production of PRL, and the effect can be attenuated by follistatin in decidualizing ESCs [80]. In combination with the fact that decidual cells secrete dimeric activin A, these findings point to an autocrine/paracrine action of activin A in human decidualization [80]. Furthermore, a potential link between activin A and the production of matrix metalloproteinases and IL11 in the mechanism of decidualization has been suggested [81, 82]. In addition, concentrations of activin B in serum are lower in ectopic pregnancies containing less decidualized stroma versus intrauterine pregnancies; and decidualization of uterine stromal cells is accompanied by upregulation of expression of inhibin/activin beta-B [83]. Thus, both activins A and B are plausible regulators of decidualization in human ESCs.

Consistent with the inhibitory role of LEFTY in uterine decidualization in mice, overexpression of LEFTY1 in human ESCs impairs their secretion of PRL and IGFBP1 [84]. Studies using human uterine fibroblast cells also support an inhibitory function of LEFTY in uterine decidualization, with the involvement of key transcription factors, FOXO1 and ETS proto-oncogene 1 (ETS1) [58]. These findings led to the suggestion that LEFTY may serve as a molecular switch controlling stromal cell differentiation and decidual reprogramming during early pregnancy [58].

## Conclusion and future directions

The application of Cre-LoxP technology has accelerated the generation of new knowledge and understanding of the functions of TGF $\beta$  signaling in decidualization, a key event associated with implantation and development of blastocysts/conceptuses (Fig. 1b). Despite that advancement in knowledge, the functional signaling circuitries among ligands, receptors, and SMADs remain to be elucidated. Future studies are warranted to not only define the signaling landscape, but also unravel the functional interactions among TGF $\beta$  signaling circuitries. For instance, it has been reported that PI3K/AKT, ERK, and JNK are regulators of decidualization [85–88] and some studies have suggested that PI3K/AKT signaling activities are downregulated during decidualization [87, 88]. Little is known about the role of TGF $\beta$ -activated kinase 1 (TAK1) in uterine decidualization. It is also not clear whether those non-canonical TGF $\beta$  signaling elements are also activated by TGF $\beta$  superfamily proteins in the context of uterine decidualization (Fig. 1b). If so, how are their functions orchestrated to fulfill the program of differentiation of endometrial cells? In addition, it remains challenging to delineate the functional ligands-receptor-SMAD/non-SMAD pathways and signaling crosstalk on the roadmap to decidualization.

Non-coding RNAs and epigenetic modifications are emerging regulators of uterine decidualization. MicroRNAs (miRNAs), non-coding RNAs that are ~22 nt long transcript, play important roles in post-transcriptional gene regulation [89]. Recent findings point to a likely role for non-coding RNAs in blastocyst implantation, uterine development, decidualization, and myometrial function [90–93]. For example, the levels of miR-542-3p are lower in decidualizing versus normal human ESCs, and overexpression of miR-542-3p inhibits the expression of *IGFBP1*, *PRL*, and *WNT4*, suggesting an inhibitory role of miR-542-3p in decidualization [94]. It has also been reported that miR-181b-5p regulates the expression of cell migration associated proteins during decidualization [95]. Although TGF $\beta$  signaling regulates miRNA biosynthesis/expression [96–98], little is known about interactions between TGF $\beta$  signaling and miRNAs in the regulation of decidualization. Future efforts are needed to gain a comprehensive understanding of the role of TGF $\beta$ -associated non-coding RNAs in uterine decidualization.

DNA/histone methylation appears to be involved in uterine decidualization. DNA methylation at cytosines represents a common epigenetic modification of genes. Our understanding of DNA methylation in decidualization is just beginning [99]. Recent studies have shown that DNA methyltransferase 1 (*Dnmt1*) and *Dnmt3a* are expressed in mouse ESCs during early pregnancy [100]. Treatment of mice with the DNA methyltransferase inhibitor 5-aza-2-deoxycytidine (5-aza-dC) during the

peri- or postimplantation period impairs uterine decidualization [100]. Histone methylation, an important post-translational modification, adds methyl groups to specific amino acids of histones. Enhancer of zeste homolog 2 (EZH2), a histone methyltransferase, represses gene transcription by tri-methylation of lysine 27 on H3 histones (H3K27me3) [101]. The expression of EZH2 mRNA and protein is reduced in cultured human decidualizing cells induced by 8-bromo-cAMP and/or medroxyprogesterone acetate (MPA), as is associated with loss of H3K27me3 in the proximal promoters of *PRL* and *IGFBP1* [102]. Meanwhile, a transcriptionally permissive chromatin seems to be established due to the loss of H3K27me3 and enrichment in acetylation of H3K27 [102]. The outcome of such a chromatic remodeling is the phenotypic switch of ESCs from proliferation to decidualization [102]. As further evidence, chromobox 4 (CBX4)/ring finger protein 2 (RNF2/Ring1B) containing polycomb repressive complex 1 (PRC1) is an important regulator of decidualization in mice [103]. Of note, TGF $\beta$  superfamily members regulate EZH2 expression [104]. Therefore, it is imperative to determine whether TGF $\beta$  signaling and epigenetic programming are linked to event responsible for uterine decidualization during pregnancy.

In summary, further understanding TGF $\beta$  superfamily signaling associated cellular, molecular, and epigenetic mechanisms underlying decidualization is needed. In particular, deciphering the interrelationship among TGF $\beta$  signaling circuitries and their potential interactions with epigenetic modifications/non-coding RNAs may prove useful in developing novel therapeutic strategies for the treatment of uterine disorders associated with deficiencies in decidualization.

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#### Authors' contributions

QL contributed to the concept of this manuscript. NN wrote the first draft and QL revised it. Both authors approved the final manuscript.

#### Ethics approval and consent to participate

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#### Consent for publication

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#### Competing interests

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